



MOPS IS NOT CANCELED

It just looks a little different.

DECIDE TO RISE

I praise you because I am fearfully and wonderfully made; your works are wonderful, I know that full well.

PSALM 139:14

Decide to Rise as we celebrate the Mom that God made us to be!

This year, we will explore how to:

BE STRONG:

DO YOUR WORK:

CHASE JOY:

WHERE: Immanuel Lutheran Church East Dundee

WHEN: Thursday, September 17th 7:00-8:30 pm

It is important to keep us together Mamas! We are committed to you! So Register today! We only have 24 Live Seats for our session. You can also join us via ZOOM if you so choose. Childcare available upon reservation.

Questions and information contact Courtney Dougherty (MOPS Coordinator) at 847.428.1010 ext. 264 or cdougherty@immanuel-ed.org

For Group Details and/or MOPS Membership visit <https://www.mops.org/join/> Our group code: 2UHS

REGISTRATION RSVP

Send to: Immanuel Lutheran Church
310 East Main St.
East Dundee, IL 60118

or email: cdougherty@immanuel-ed.org

Name _____ cell _____

Address _____

Email _____

Children attending needing childcare:

Name: _____ age: _____

What is most important to you:

time to yourself

meeting other moms

being inspired

other (tell on back)